

This is a chapter from the book "Humanity in the grip of the Snenergy" by Karin Walda

In my book, I describe that I give the explanation on the basis of the Bible because I was born in the Netherlands where the Bible is an important guide for history and culture. I'm talking about God, but that can be any other name for the highest energy.

The emergence of Snake energy or Snenergy

Snenergy is transmuted form of the victim energy. An ancient form of energy and has emerged to guide humans onto the path to return to purity. Unfortunately it all turned in the opposite direction and thus has led to the suffering of mankind instead.

The emergence of Snenergy is drawn back to the start of the existence of humanity when Adam and Eve were living in Paradise. Everything in Paradise was pure and full of love. Adam and Eve lived their lives in the purist form, without clothes and in harmony with their surroundings. Paradise provided them with everything they needed and they were free to take whatever they desired. Only one thing was forbidden by God, eating the apples on the tree! In Paradise also lived a snake, the snake of shrewdness.

God also delivered the snake to paradise and it has an important function. The snake represents an aid in our learning, just as our emotions do nowadays. As our emotions allow us to feel where we are in life, the snake was also a tool. A tool to teach the importance of purity and unconditional love, trust and connection. This function was wrongly identified by mankind and was seen as satanic. This is how it is represented in the stories.

How can we learn about good or bad if we only find the good on our path? It is impossible. We need the bad to become stronger and keep on track of our purity, we need to be trained and tested to become able.

The snake approached Eve and convinced her that she could eat the apples. Although everything was available to Eve, she longed for the one thing she wasn't allowed to have. She became greedy and bypassed her feelings of righteousness. She listened to the hunger for power and wanted to possess it even though she was not meant to have it. She was lured into eating the apples and as she wanted to share everything with her love she convinced Adam to do the same. Adam also bypassed his feelings for righteousness and purity and ate the apple. Adam and Eve thought their actions were justified. But when the voice of God asked if they ate the apple, they were starting to doubt. They were unsure if their actions had been pure

and right so they started to disguise/ to mask them. This is where "the masking" comes from, you put a "mask" on so no one can see your troubled/ true feelings.

There would not have been a problem if Adam and Eve went straight back to their purity and told the truth. God is forgiving and merciful and they would have received clemency.

But they kept lying about the fact that they did eat the apples and therefor failed the test. The trust that God installed in them was shattered and all that was pure was now obscured. They had renounced their true self and turned away from their purity and from God. They were driven out of paradise to learn and feel that they had bypassed their purity.

And because of their lie they were deprived from their eternal life. Humanity now had to deal with the fact they were mortal, death stepped in and we were only granted one life. Mankind had chosen matter over unconditional love and purity.

Mortality is in line with the obstruction of **matter and impurity**, meanwhile the soul remained **immortal** which is in line with **energy and purity**.

Love/ light/ positivity/ purity will always be present and opposed to hate/ darkness/ negativity/ impurity. Matter is linked to time and therefor perishable. Energy has no time nor place and is therefore immortal.

Adam and Eve were given emotions of shame, fear, sadness, doubt and anger. They had to start wearing clothes to disguise the pollution of their purity as they became ashamed and fearful of their own nakedness. Fear has made them a victim of their impure actions and so the seed of **Snenergy** was planted.

God gave them Victimenergy which was transmuted into Snenergy because they put their focus on the negative emotions in stead of using it as a tool to find their way back to their purity.

God's Victimenergy allowed Adam and Eve to feel and adjust their actions, a lesson that could teach and guide them back to purity if they would only follow their feelings. Outside of paradise they were finding themselves in conflict with themselves and their feelings and they started to take distance from their emotions and feelings.

They started to direct the anger towards themselves as well as each other. who was responsible for this? Adam blamed Eve as she was seducing him to eat the apple. Eve was blaming Adam for not protecting her from the snake. They blamed each other but were each responsible for their own choices and actions. It was their own personal choice to eat the apples and lie to God though they both refused to their own responsibility and blamed oneanother. They didn't talk about it, but it all

emerged in their thoughts.

This led to a battle that was the basis for the duality between male and female energy and men and women in general.

The emotions brought negative feelings to the surface but again they were suppressed.

Adam and Eve's unconditional love for each other was slowly fading as they both wanted to be right. None of these negative feelings were shown to the outside world.

They covered it with the mantle of love. But the love was no longer pure and didn't resemble the deep and intense unconditional love they once had before. They created a make-believe world where everything was superficial so they could mask their deepest feelings and pain.

The pure unconditional love that used to be a strong bond, that love was now an obstacle, something to be ashamed of. Eve's desire to share everything with her love led to them both eating the apples and their pure love became contaminated. From that moment in time love was also associated with sinful behaviour and the purity of it vanished. Humanity now was starting to confuse sex with love as lust (the hunger to eat the forbidden fruit) and that led them to turn away from the source of origin and abandon their purity.

'Making love' became 'having lust and sex' and the bond with the source of origin was lost. The true sense of the love and the purity became further and further removed from humanity. This is also the reason why so many people nowadays confuse love with sex. They don't recognise the true meaning and deeper emotions of love anymore.

Eve was the first to come into contact with the impure energy (from the snake), Adam stayed connected to the higher energy for longer. This has led to the idea that men are of higher value and importance than women. Men placed themselves as superior as their connection with pure energy was sustained for longer.

Eve was the first to be approached by the snake and therefore the first to become contaminated. What would have happened if Adam was the first to be approached? He would have been seen as the one with the lower, impure energy.

In today's world women are still considered the cause of sinful behaviour and therefore inferior to men. The female is being seen as the contributor to the downfall of the male and hereby the personal responsibility of the male dismissed. He himself had the opportunity and ability to say no to eating the apple. He would have kept the connection with God and his purity.

And he also had the opportunity to re-connect with God and his purity by being

truthful yet again he chose to lie. That was the second time he ignored his own responsibilities. The third time emerged when he didn't accept responsibility for the consequences of his actions.

Adam had totally lost insight and projected his choices and responsibility for those choices to the outer world, Eve in this case. From that moment interpretation was formed and poorly made choices were projected outside ourselves.

It is the grasping for blame that was formed and from this moment mankind has placed the cause of problems outside himself. Every time we return to our true self we will see the pain and contamination and that is why it is so difficult to search for the cause of our problems within ourselves.

The seed of the Victim energy was planted by God to remind them that they had the ability and could return to purity. Through Victimenergy they were able to feel the pain of lying. Hurting /suffering was a necessary tool (feeling) to be able to return to their purity. The sensation of feelings was always a sign to direct us in life. But Adam and Eve didn't focus on their purity but solely on their fear, pain, shame and doubt which therefore was able to grow into a overpowering energy, **the Senergy was born. The Senergy is the transmuted form of Victimenergy and thus from a whole different calibre than God's tool.**

The Victimenergy still exists alongside Senergy. This is the energy present when something happens to us. It's the energy that is there for a short period of time. After that it is taken over by the transmuted form, Senergy.

The Victimenergy is a supportive energy to guide humanity back to purity.

The Senergy is a suppressive energy to keep humanity away from purity.

As Adam and Eve were the first humans, they were the carriers of Victimenergy alongside the emotions: fear, doubt, anger and sadness, this also has been carried over as a basic energy and the basic emotions that every human being carries within. But they were also the carriers of the Senergy and they passed it on to humanity. This is how Senergy has spread all over the world.

Victimenergy had such an impact on mankind. As mankind focussed on the separation, the pain and the sadness, it started to live it's own life. **The transmuted form Senergy led the world to collectively suffer.**

Only by reconnecting with our inner source we will be able to get Senergy back into proportion and working the way God intended.

Then the victimenergy will give you the opportunity to learn and direct yourself back to your purity, therefore your innerstrength will prosper.

To be able to reconnect with our inner source it is necessary to let go of the primary position of our thinking and follow our feelings arise from the heart (so not our feelings who are arised from the head).

Something that is scary for a lot of people but a recommendation to all. **Your pure feelings from the heart always ensure that you are safe.**

It is not always pleasant what you discover when you follow your feelings, but that is what keeps you safe, because you know when your feelings are warning you, you walked off your path. **As soon as you get that uncomfortable feeling you are being confronted with a life lesson or deviation from your life path. Your pure feeling is a perfect guide.**

When you listen to your heartfeelings and follow them, your will follow your own unique path and you will stay safe as you are connected with your inner strength and purity. Your mind is the disturber who is connected and manipulated to the Snenergy... so don't trust your mind, trust your pure heartfeelings to keep you safe!